

## **IIITD ADVISORY ON PREVENTING SPREAD OF NOVEL CORONAVIRUS**

### **HELP US TO HELP YOU**

**All students /staff/ faculty are advised to maintain hand hygiene, respiratory hygiene, and safe food practices:**

- **Frequently clean hands by using alcohol-based hand rub or soap and water;**
- **When coughing and sneezing cover mouth and nose with flexed elbow or disposable tissue or handkerchief – throw tissue away immediately after use in a bin and wash hands after coughing/sneezing.**
- **Avoid close contact with anyone who has fever and cough; Hugging kissing and shaking hands while greeting to be avoided. Do not Spit in public places. Do not take medicines without consulting the Doctor**
- **Do not touch your eyes, nose and mouth with unwashed hands,**
- **If you have fever, cough and difficulty breathing seek medical care early and share previous travel history with your health care provider;**
- **Avoid crowded places /big gatherings. When visiting live markets in areas currently experiencing cases of novel coronavirus, avoid direct unprotected contact with live animals and surfaces in contact with animals;**
- **The consumption of raw or undercooked animal products should be avoided. Raw meat, milk or animal organs should be handled with care, to avoid cross contamination with uncooked foods, as per good food safety practices.**
- **Our Doctor has advised that you must KEEP YOURSELF WELL HYDRATED. DRINK SUFFICIENT WATER/FLUIDS AND AVOID DRY THROAT CONDITIONS. Eat nutritious food.**
- **Avoid any large gatherings**
- **Any student /staff /faculty with travel history to any COVID19 affected country or in contact with such persons in last 28days should be monitored and home quarantined for 14 days.**
- **Hostel Caretakers should be alert to any student with signs and symptoms fever cough, difficulty in breathing and should inform the medical infirmary /parents to have the student tested. Persons suffering from influenza like illness must be confined to home. Stay more than a meter distance from persons sick with flu.**
- **Parents are requested not to send child back to hostel/institute till advised so by the treating doctor.**
- **Frequently touched surfaces viz knobs of doors, switches, handrails are being disinfected.**

- **Soap and water is ensured in rest rooms**
- **Dustbins with black bag are provided at various locations for disposing used tissue papers, used masks etc**
- **In hostels the health status of students as well as other ancillary staff should be monitored on regular basis. In case there are suspected cases, the INFIRMARY will be informed at Intercom No.531 and Doctor requested for examination. While visiting doctor, wear a mask/cloth to cover your mouth and nose.**
- **Take adequate sleep and rest.**

**For further information in this regard please refer to:**

**<https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public>**

**<http://www.mohfw.gov.in/>**

**and all other instructions as issued by the GNCTD /Govt. of India from time to time to be followed accordingly and Stay Safe.**